

# The Power of Isagenix Nutrition



The Next 16 Week Isabody  
Challenge Starts February 28

**ARE YOU IN?**

# <https://powerplayers.com/isabody/>

[CLICK HERE](#) for the Official Rules.



**ISABODY**  
CHALLENGE®

The image shows the IsaBody Challenge logo, with 'ISABODY' in large green and blue letters and 'CHALLENGE®' in smaller green letters below it. To the right of the logo is a photograph of a woman in a black sports bra, looking down at her arm in a gym setting.

How Do I Start and Complete the IsaBody Challenge?

It's easy to start an IsaBody Challenge! Register in the IsaLife™ app or in your Back Office or contact the person who introduced you to Isagenix.



You can enter the IsaBody Challenge at any time. For details and to register go to [www.IsaBodyChallenge.com](http://www.IsaBodyChallenge.com)



The image is a promotional graphic for the IsaBody Challenge. It features a central teal rectangle with the text "Total Body Transformation" in white, with a play button icon in the center. Surrounding this central text are 18 small photographs of participants showing their fitness progress. The top row includes a woman holding a phone, two men's torsos, a man's torso, a man taking a selfie, a man and woman smiling, and a woman in a blue sports bra with a "Share" button. The bottom row includes a woman flexing, a man flexing, a man's torso, a man in a "colorsplash" shirt, a man and woman embracing, and a man in a triathlon suit. A "Watch on YouTube" button is in the bottom left corner.

IsaBody Challenge

Share

Total Body Transformation

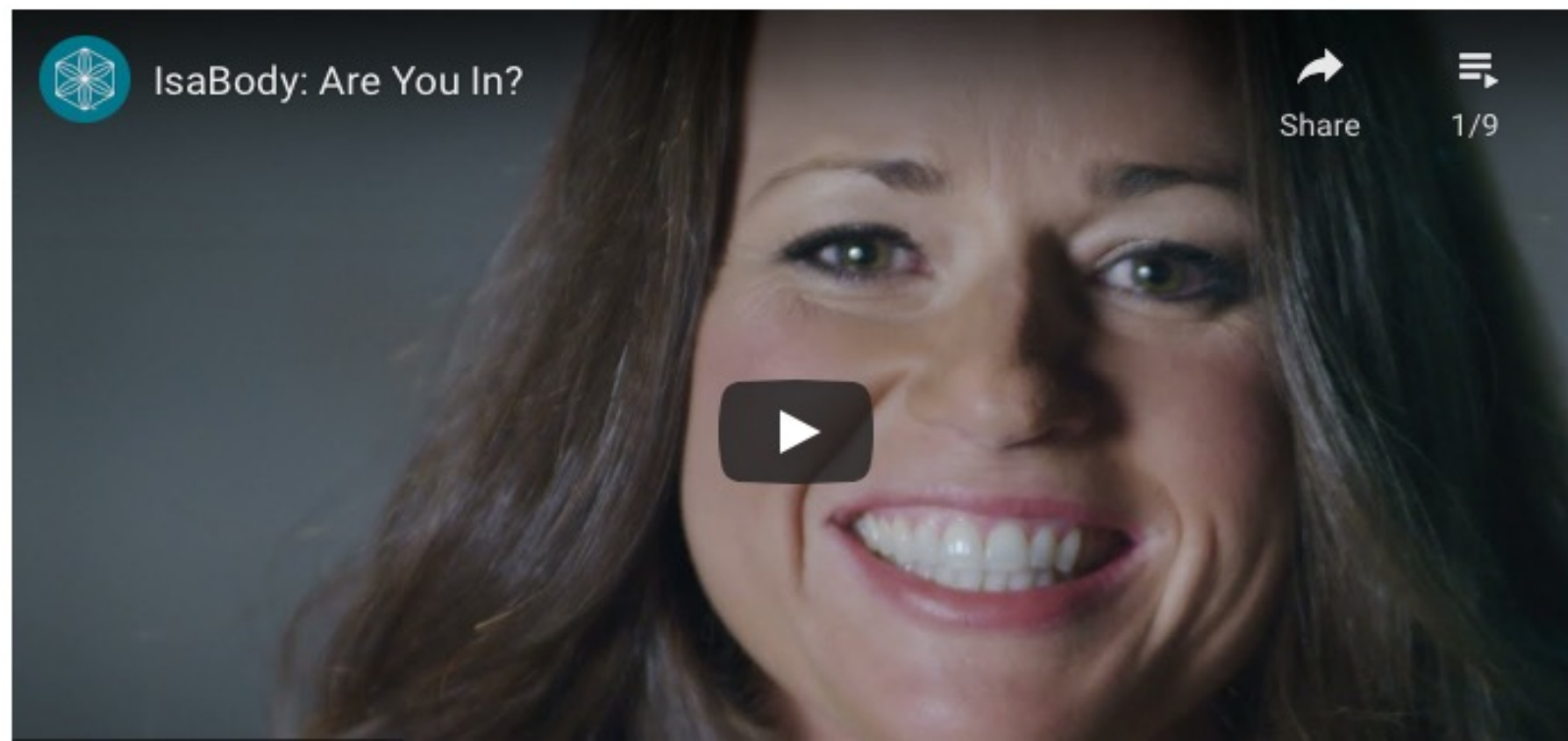
Watch on YouTube

## What is the IsaBody Challenge?

The IsaBody Challenge® is a total-body transformation program for Isagenix Customers designed to provide the community and accountability you need to empower your healthy change. Isagenix isn't just about weight loss, and neither is this Challenge. This is your opportunity to change your life for the better, whatever your goals may be.

You'll leave this program a better person than when you started. Plus, you'll receive a coupon code for up to US\$200 of Isagenix products when you successfully complete your IsaBody Challenge! You're already using these amazing products, so why not try an Isagenix System and take advantage of the IsaBody Challenge?

## IsaBody Challenge Information Videos






## Sabrina Rouleau: Finding a Community of Support



Share



Watch on  YouTube





# What make a 48 Hour Detox so POWERFUL

30-DAY  
KICKSTART  
SLEEPING  
ISABEY





# Shake and Cleanse Day Guide



English/Spanish/French



**ISAGENIX®**



# CLEANSE DAY TRACKER

## Cleanse & Stay On Track With 10 Credits Per Cleanse Day




In addition to enjoying **Cleanse for Life®** and **Ionix® Supreme** on a Cleanse Day, spend up to 10 Cleanse Credits with amazing products to curb cravings, nourish your body, and support a great Cleanse Day experience!

Track your Cleanse Credits below. Check one box for each Cleanse Credit consumed during a Cleanse Day.

### 0 CREDITS

- Coffee (black)
- Black, green, or herbal tea
- Water, still or sparkling

### 2 CREDITS

- Isagenix Snacks™ (2 wafers)
- Organic Greens
- e+™
- Collagen Bone Broth
- IsaDelight® Super-Chocolate
- Isagenix Fruits
- SuperMix™\* 
- AMPED NOx\*\*
- AMPED Nitro\*\*
- AMPED Power\*\*
- AMPED BCAA Plus\*\*
- AMPED Repair\*\*
- SmartMix® 
- XM+® 

### 1 CREDIT

- BĒA™ Sparkling Energy Drink
- AMPED™ Hydrate
- Xango® and Xango Reserve

### 3 CREDITS

- Harvest Thins™
- Whey Thins™
- Snack Bites
- Nature Oat Bakes™

## Monthly Cleanse Day Tracker

#### CLEANSE DAY 1

1	2	3	4	5	6	7	8	9	10
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#### CLEANSE DAY 3

1	2	3	4	5	6	7	8	9	10
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#### CLEANSE DAY 2

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

#### CLEANSE DAY 4

1	2	3	4	5	6	7	8	9	10
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## WEIGHT LOSS SOLUTIONS



Also available in 14-count single-serve packets  
Kosher — only available in canister

### ISALEAN® SHAKE

Enjoy the Perfect Meal for Long-Term Results

- A delicious, convenient, and complete meal replacement.
- Maximum nutrition with minimum calories — all for only \$3 per meal.
- Scientifically shown to support consistent healthy weight loss, muscle maintenance, and long-term weight management.
- High-quality undenatured whey protein from pasture-raised cows not treated with hormones and routine antibiotics.
- Provides energy-fueling carbohydrates, good fats, filling fiber, and vitamins and minerals.
- Active enzymes to help ease digestion.
- Essential trace minerals.
- Clinically tested to be low glycemic.
- Satisfies cravings and helps you feel full for longer.
- Natural ingredients with no artificial flavors, colors, or sweeteners.
- Eight flavors including Creamy Dutch Chocolate, Strawberry Cream, and Peach Mango.



Only available in 14-count  
single-serve packets

### PLANT-BASED ISALEAN SHAKE

Savor the Benefits of Plant-Based Shakes

- A delicious, convenient, and nutritious dairy-free meal replacement.
- 24 grams of responsibly sourced, high-quality, plant-based protein in 250 calories.
- Provides energy-fueling carbohydrates, good fats, filling fiber, and a nutritious mix of fruit-and-vegetable powders.
- Suitable for those with dairy sensitivities and vegetarian diets.
- Satisfies cravings and helps you feel full for longer.
- Clinically tested to be low glycemic.
- Natural ingredients with no artificial flavors, colors, or sweeteners.
- Available in Rich Chocolate and Vanilla Chai flavors.



Available in liquid, powder, and 2-oz. bottle

### CLEANSE FOR LIFE®

Uncover Life's Secret to Lasting Wellness

- Powerful but gentle cleansing herbs and botanicals such as turmeric, rhodiola, and ashwagandha to support the body's natural detoxification processes.\*
- Aloe inner-leaf gel, peppermint, and fennel for digestive-soothing benefits.\*
- Bilberry, raspberry, and purple carrot for antioxidant protection.
- A fundamental component of Cleanse Days — a form of intermittent fasting — to support weight loss and maintenance when used as part of an Isagenix System.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.







WEIGHT LOSS **SYSTEM GUIDE**

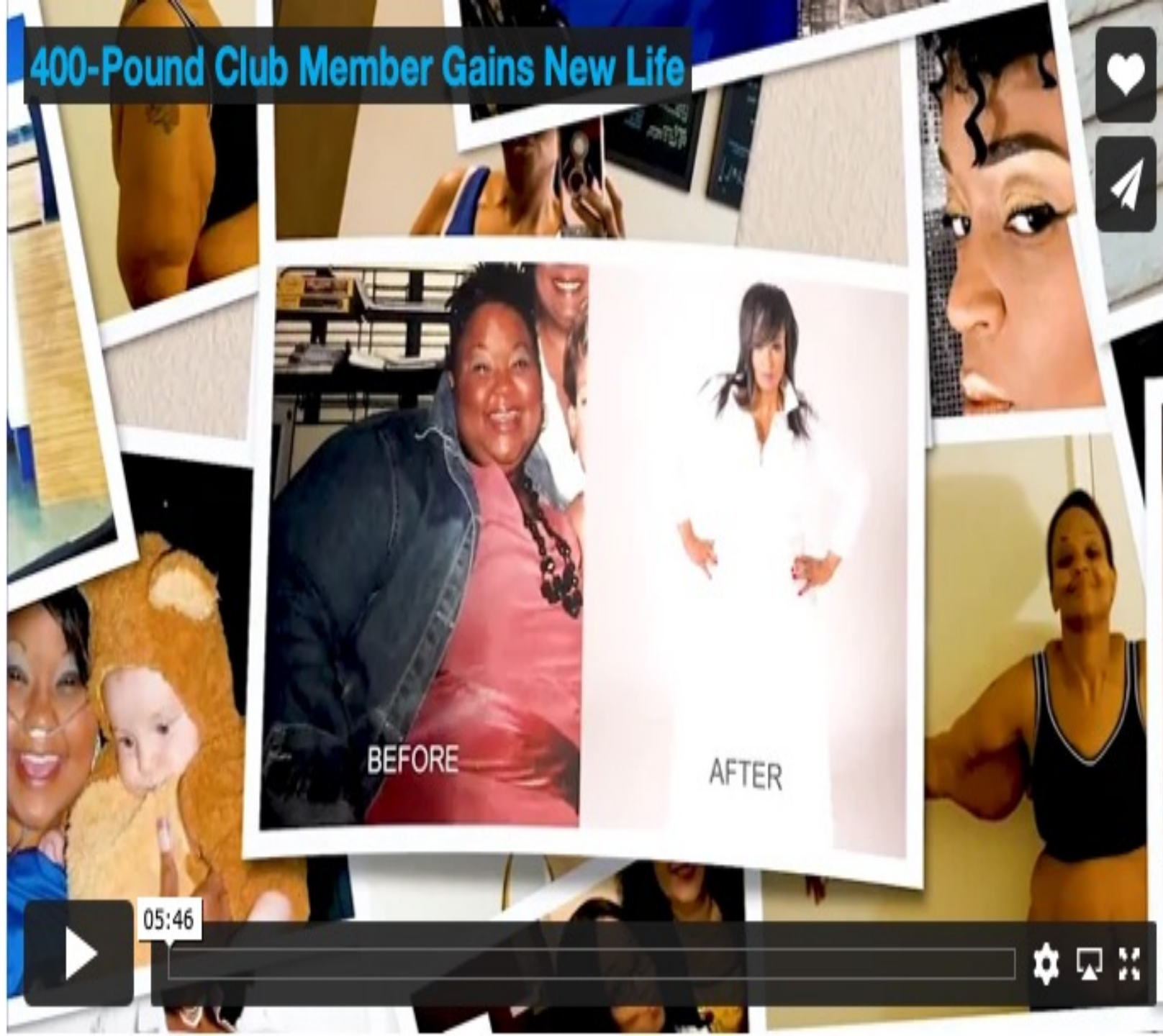
# SAY HELLO TO HEALTH

Achieve Weight Loss  
& Live Your Best Life





## 400-Pound Club Member Gains New Life







Drew Putnam: 2022 U.S. IsaBody Finalist




Share



1/51



Watch on  YouTube

# 48 HOUR DETOX



**CLEANSE**  
with  **FRIENDS**



**FRESH START.**

**RELIEVE BLOATING.**  
RELEASE FAT. BOOST ENERGY.  
IMPROVED SLEEP. GLOWING SKIN.  
MENTAL CLARITY. RESULTS.

**LET'S SHRED.**



# 9 DAY SHRED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SHAKE DAY

SHAKE DAY

CLEANSE DAY

SHAKE DAY

SHAKE DAY

SHAKE DAY

SHAKE DAY

SHAKE DAY

CLEANSE DAY



# 9-Day Deep Cleansing System

★★★★★ 5.00

2 REVIEWS [SHARE](#)



This safe and effective system helps boost your weight-loss efforts by gently cleansing and nourishing your body. Graduate to the 30-Day System to keep your weight-loss going.

- Boost weight loss
- Satisfy cravings for unhealthy food
- Improve muscle tone

Save up to 15%



## Subscription Rewards

- FREE shipping on this order
- Save \$26 on this product
- Flat rate shipping on future subscription orders

● \$161

**BUILD MY PACK**

Pricing may vary based on your selections



# 11 DAY

## SHRED CHALLENGE

### Why Do The *11-Day Shred*

Fresh Start  
Relieve Bloating  
Release Fat  
Boost Energy  
Detox the Junk Out  
Sleep Better  
Glowing Skin  
Mental Clarity



What you follow...

#### 11 DAY SCHEDULE

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

DAY 8

DAY 9

DAY 10

DAY 11

SHAKE DAYS

CLEANSE DAYS

## 30-Day Cleanse

If your goal is to jump start your weight loss program or just do a deep cleanse, you may want to start with an Isagenix Race to Maintenance Pack which focuses on cleansing for your first 30 days.

<b>S</b> Day 1	<b>S</b> Day 2	<b>C</b> Day 3	<b>C</b> Day 4	<b>S</b> Day 5	<b>S</b> Day 6	<b>S</b> Day 7
<b>S</b> Day 8	<b>S</b> Day 9	<b>C</b> Day 10	<b>C</b> Day 11	<b>S</b> Day 12	<b>S</b> Day 13	<b>S</b> Day 14
<b>S</b> Day 15	<b>S</b> Day 16	<b>S</b> Day 17	<b>S</b> Day 18	<b>S</b> Day 19	<b>S*</b> Day 20	<b>S</b> Day 21
<b>S</b> Day 22	<b>S</b> Day 23	<b>S</b> Day 24	<b>S</b> Day 25	<b>S</b> Day 26	<b>S</b> Day 27	<b>S</b> Day 28
<b>S</b> Day 29	<b>S</b> Day 30					





# Weight Loss Basic Pack



4.45

89 REVIEWS



SHARE

Enough weight losses, it's time for some weight wins. Get started with proven products and a step-by-step method with thousands of success stories. It's like a dance routine, and the dance is called the "inches away." Your move, superstar.

- Weight wellbeing. This pack contains everything you need for 30 days of our popular weight loss method.
- Feel-good guide included. Easy instructions for simplified, lean nutrition.
- Detox. Let go of toxins at the same time as you let go of fat.
- Lean & clean. Helps increase energy and build lean muscle.
- It just fits. This is a wellness routine that fits your busy lifestyle. Changing your body is about to feel different.



Save up to 15%



## Subscription Rewards

- FREE shipping on this order
- Save \$50 on this product
- Flat rate shipping on future subscription orders

\$299

**BUILD MY PACK**

Pricing may vary based on your selections

# Weight Loss Premium Pack

★★★★★ 5.00

5 REVIEWS

[SHARE](#)

If only there was a tested, proven method for weight loss with thousands of success stories ... If only there was a way to get that entire method and all those premium products in one place ...

Premium means everything you'll need for a full month of weight loss wins. Even the blender. This is the whole kit and caboodle for weight wellbeing. Well, it's the kit anyway (literally!). Who knows what a caboodle is.

- More for less. More shakes, bars, snacks, and products than our Weight Loss Basic Pack. All to help you follow the system and make that change.
- Lean and clean. Helps increase energy and build lean muscle.
- Fasting done right. Nutritionally supported intermittent fasting. Let go of toxins at the same time as you let go of fat.
- It just fits. This is weight loss that fits your busy lifestyle.
- 18 years of proof. Thousands of lives improved. Hundreds of thousands of pounds down. Fully satisfaction guaranteed.

Save up to 15%



## Subscription Rewards

- **FREE** shipping on this order
- Save \$65 on this product
- Flat rate shipping on future subscription orders

● **\$435**

**BUILD MY PACK**

Pricing may vary based on your selections





## A large collection of iSAGENIX products is displayed in a grid-like arrangement. The products include various protein shakes (IsaLean Shake, IsaLean PRO Shake, IsaLean Shake), powders (IsaPro, Complete Essentials, Complete Essentials IsaGenix), and supplements (IsaDelight, IsaGenix e+, IsaGenix Greens, IsaGenix Harvest Thins, IsaGenix White Blood, IsaGenix Chewable, IsaGenix Coffee Cake, IsaGenix Protein, IsaGenix Protein Powder, IsaGenix Protein Powder, IsaGenix Protein Powder, IsaGenix Protein Powder). The products are shown in their original packaging, which includes tubs, bags, and boxes. The background is a plain white surface.



It doesn't get more ultimate than this! This plentiful pak has everything you need to get a jump-start on your results. You'll have enough products from each of our pillars to start your transformation and share with others.

Get the added benefits of a \$50 product coupon, and a \$100 event coupon when you sign up as an Isagenix Customer and purchase this pak as a Member.

Save up to 15%



## Subscription Rewards

- **FREE** shipping on this order
- Save \$196 on this product
- Flat rate shipping on future subscription orders

● \$1,142

## BUILD MY PACK

Pricing may vary based on your selections

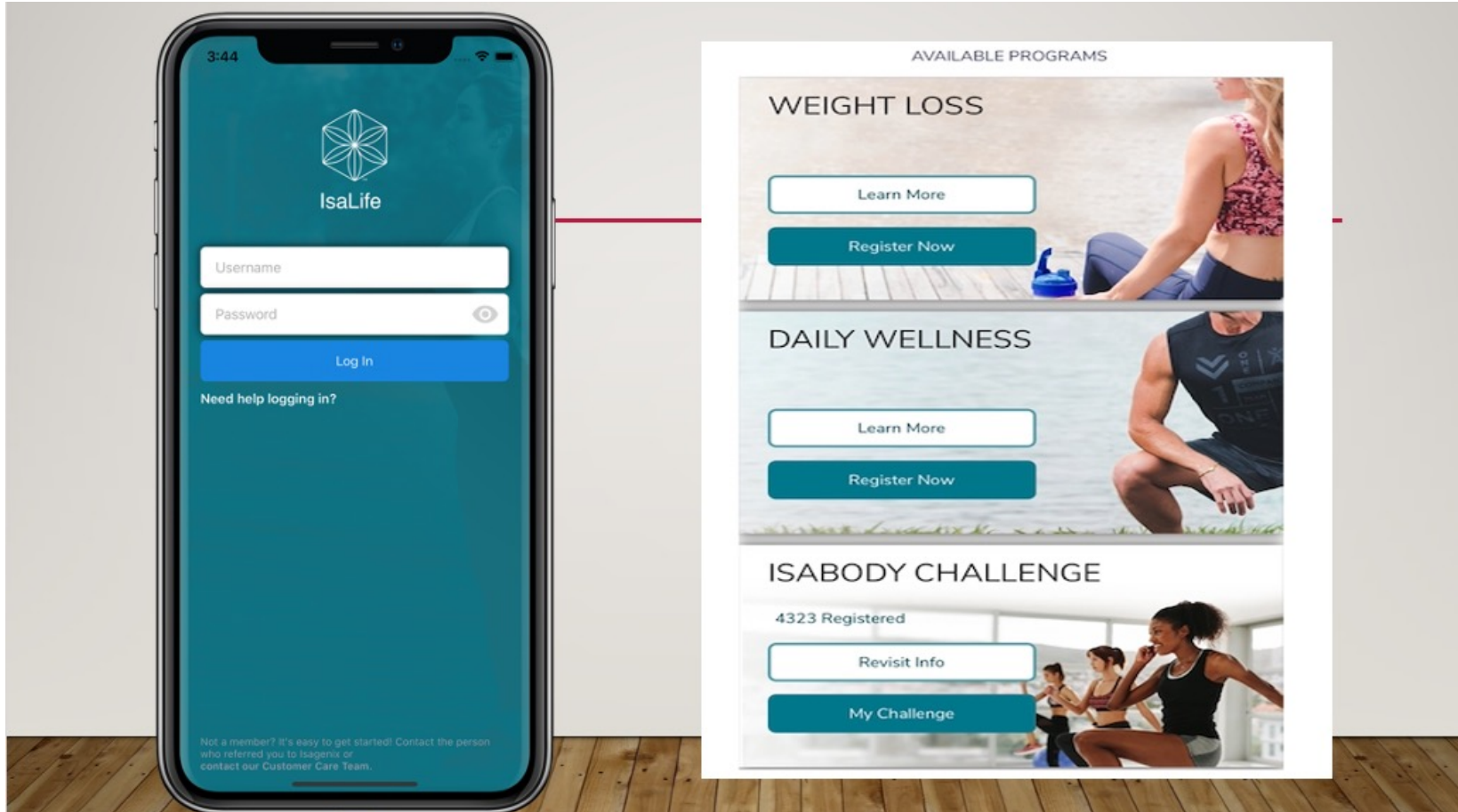
# ISABODY

CHALLENGE®





# ISALIFE APP





## Current Challenge

Start Date

11/7/2021

End Date

2/27/2022



Current BV:

BV Met



Weight



My Journal

IsaBody Past  
Challenges

Order Products



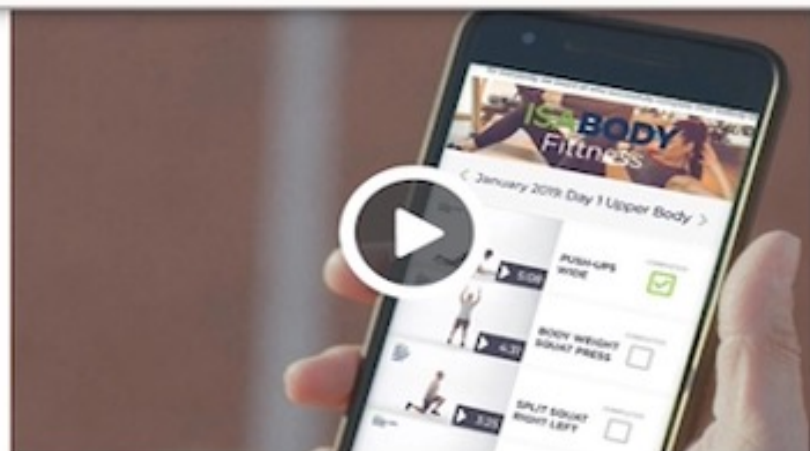
IsaBody Fitness



IsaBody Facebook



My IsaBody Challenge Photos



## Challenge Rules

OVERVIEW

REQUIREMENTS

BEFORE AND PROGRESS PHOTOS

WRITTEN ESSAY

500 BV PRODUCT

MAINTENANCE PHOTOS

CHALLENGE TIMELINE

JUDGING PROCESS



# CURRENT ISABODY CHALLENGE

**ISABODY**

CHALLENGE TIMELINE

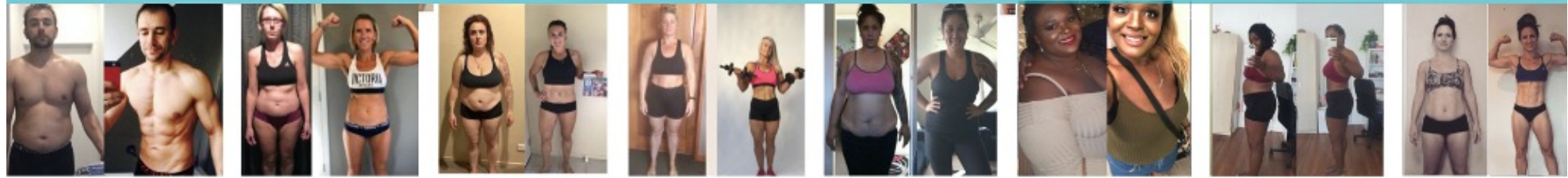
You can start your IsaBody Challenge at any time! When you start and finish a challenge will determine which judging period you fall into. The judging period dates remain the same each year.

## **Judging Period 2**

- The last day to start a challenge to be eligible for Judging Period 2 is Feb. 28.
- The Judging Period end date is June 20.

*All completion materials must be submitted no later than June 20 to be eligible for the judging for this Judging Period. Note: Materials submitted after this date will be included in the following Judging Period.*

# PROOF IS IN THE RESULTS





**CERTIFICATE OF  
COMPLETION  
ISABODY™**

Insignia of your outstanding performance and dedication  
during the Isabody Challenge® 2018 Judging Period!

Dinees Ponton

*Dinees Ponton*  
Isagenix Ambassador

ISAGENIX

**\$200 coupon for  
all completions!**

**\$200** ISABODY  
PRODUCT COUPON



## U.S. RUNNER-UP

1 PER YEAR (CHOSEN FROM FINALISTS)

**Cash prize**  
of US\$10,000

**Photo shoot**  
with a professional photographer

**Free registration and paid expenses**  
for the IsaBody Escape, NYKO, and select  
Isagenix events

**Personal business training**  
with Isagenix and industry experts

## U.S. FINALISTS

15 PER YEAR (5 PER JUDGING PERIOD)

**Cash prize**  
of US\$3,000

**Photo shoot**  
with a professional photographer

**Free registration and paid expenses**  
for you and a guest to attend that year's  
New Year Kick Off

**IsaBody Escape**  
an expenses paid trip for you and a guest

## U.S. HONORABLE MENTIONS

30 PER YEAR (10 PER JUDGING PERIOD)

**Free tickets** to Isagenix events

## U.S. GRAND PRIZE WINNER

1 PER YEAR (CHOSEN FROM FINALISTS)

**Cash prize** of US\$25,000

**Photo shoot**  
with a professional photographer

**Free registration and paid expenses**  
for the IsaBody Escape, NYKO, and Global Celebration

**The chance to compete**  
for the Global Grand Prize

**Personal business training**  
with Isagenix and industry experts



JOIN THE  
**ISABODY**  
CHALLENGE®  
TODAY!



Deadline to Register for The Next IsaBody Challenge is **2/28/22**.  
Thousands of people around the world have changed their lives for the  
better through the **IsaBody Challenge**. We want you to be one of them!

# https://www.isagenix.com/en-us/isabody-challenge/register-now



[Shop](#) [Feel Better](#) [Eat Better](#) [Move Better](#) [Look Better](#) [Resources](#)

[Take Our Quiz](#)



## Register Now!

Already an Isagenix Customer?

[CLICK HERE](#)

to register for or to manage your IsaBody Challenge®.

Not an Isagenix Customer?

Contact the person that referred you to Isagenix to sign up for the IsaBody Challenge.®

Not Referred by Anyone?

If you haven't been referred to the IsaBody Challenge by an Isagenix Member, sign up below to have an Isagenix Independent Associate contact you with more information about starting your IsaBody Challenge.

# Current Customer Promotion

- US/CA
- February 11-14
- Free shipping for current customers
- US\$150 / CA\$165
- Subscription Rewards and Wholesale orders





The Next 16 Week Isabody  
Challenge Starts February 28

**ARE YOU IN?**